



ACE Safety Academy Ltd – Scheme of Work

Module Code	CSR	Course Duration	1 days
Qualification Title	Confined Space Entry Refresher		

Aims and Objectives

To refresh an individuals’ training skills & competence whilst carrying out work internally within a confined space area. To fully understand the role of the Top-Person and have the ability to pre-use inspect & use confined space equipment in a working environment. Typical environments include unobstructed; Chambers, Manholes, Wet Wells, Vertical Shafts and Tanks/Vessels that require horizontal entry.

Day / Times	TOPIC [Including Key Skills / Basic Skills]	RESOURCES	COMMENTS
09.00am – 16.00pm	<p><u>Course Introduction</u> – Aims and Objectives</p> <p>Legislation applicable including; HASWA’74, Employer and Employee statutory duties; Confined Space Regulations’97 (as amended), ACoP requirements focusing on ‘Preventing the Need to Enter, introducing a SSoW and emergency/rescue requirements</p> <p>Defining Confined Spaces – What attributes to the designation of a Confined Space area; generating an understanding between an ‘Enclosed Area’ and what is meant by a ‘Specified Risk’</p>	<p>Classroom Environment - PowerPoint Presentation with the inclusion of a video.</p> <p>Flip Charts & Pens</p> <p>Equipment explanation and demonstration practically</p> <p>Audio/Visual</p>	<p>Explanations</p> <p>Explanations – focusing on real situations that have occurred on sites and how the industry has pursued a proactive approach to managing confined spaces</p> <p>Looking at different types of space and the difference between ‘Enclosed’ & ‘Specified Risk’</p>

	<p>The City & Guilds 6150 scheme; the risk levels – ‘Low, Medium & High’, who the scheme effects and why it is competence driven</p> <p>Working at Height – Harnesses & Tripod & Winch; To understand the fall protection hierarchy, how to pre-use inspect and wear a safety harness designed for fall arrest/rescue, inspect & use a tripod, winch & davit-arm and the importance of identifying ‘Pre-syncope’ symptoms</p> <p>Emergency Escape Breathing Apparatus – Different types; How to inspect & use the ‘EEBA’ focusing on ‘donning & doffing’ procedures, RPE requirements under COSHH, including face-fit testing advice</p> <p>Manning Levels & Communication – How to plan & carry out a sole entry (inclusive of Top-Person) as well as working in a team, demonstrate working in close proximity to the ‘Top-Person’ therefore maintaining verbal/visual communication where the task permits</p> <p><u>Practical Assessment</u> – Delegates to undertake simulated, scenario based practical assessments under ‘instruction’ from the course tutor</p>	<p>Presentation</p> <p>Audio/Visual</p> <p>Audio/Visual/Motor</p> <p>Audio/Visual/Motor</p> <p>Audio/Visual</p>	<p>Explain why there is a continuation to training for delegates working in the ‘Utility Sector’ and why they have to conduct a competence assessment</p> <p>Ensure that the delegates are aware of the direct dangers from working at height and can pre-use check & wear, where appropriate, access & egress equipment</p> <p>Ensure that the delegates feel comfortable wearing the correct type of RPE in the classroom environment, discuss if the EEBA has been applied in the last 3 years, to make them aware of the importance of a face-seal</p> <p>Points need to be raised as to how a sole & team entry is performed and to address the importance of continuous communications</p> <p>Direct instruction & observation of individual delegates; Delegates to demonstrate safe working procedures & application of retained knowledge</p>
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