



ACE Safety Academy Ltd – Scheme of Work

Module Code

WHLS

Course Duration

1 day

Qualification Title

Working at Heights / Ladder Safety

Aims and Objectives

This course has been designed for delegates who are attending this course who have to use the basic fall protection systems for working at height practices and use ladders and steps for short duration work whilst working – delegates will be able to understand current legislation, understand the requirements of the Working at Height Regulations, Safe Working Practices and Regulation on Ladders & Steps, and be able to demonstrate knowledge on how to apply it into their work environment with the inclusion of Risk based activities and safe working practices, this including Inspections and Recording.

Day / Times

TOPIC

[Including Key Skills / Basic Skills]

RESOURCES

COMMENTS

**08.00am – 14.00pm
Working at Heights**

Course Introduction Aims & Objectives

Video – Real Accounts of People being injured in Falls from Heights in Various Industries

Legislation & Regulations – Focusing on Working at Height Regulations 2005, How it Applies with responsibilities of the Employer & Employee

EC/PPE Directive – Definition of PPE, transition period, The CE markings & EN Standards

Looking at the Specific Risk & Hazards from a range of Heights in the Industry

Video – Real Accounts of Risk & Hazards from a range of Heights in Industries

Fall Protection Systems – Risk Assessment – Hazard identification & Control Measures – Hierarchy of Fall Protection – Fall protection Systems – Work Restraint – Work Positioning – Fall Arrest and Rescue Considerations

Classroom Environment – PowerPoint Presentation and a Selection of Fall Protection Equipment, Flip Charts & Pens

Explanation and Demonstration practically

Demonstration of equipment

Explanations

Explanation & practical Demonstrations

Application and Equipment Usages

<p>14.00pm – 16.00pm Ladder Safety</p>	<p>LADDER SAFETY – Current Legislation relating to Ladders & Steps</p> <p>How to Inspect ladders – Identify Faults – Record Faults</p> <p>Erection of Ladders</p> <p>Securing of Ladders</p> <p>Dismantling of Ladders</p> <p>Delegate Written Assessment</p>	<p>Classroom Environment – PowerPoint presentation – Flip Charts & Pens</p> <p>Practical Training & Assessment</p> <p>Classroom Environment</p>	<p>Explanation & Demonstration</p> <p>Explanation & Demonstration by all Delegates</p> <p>All delegates to undertake a Written Assessment</p>
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